

Llandysul a Phont Tyweli Ymlaen Cyf

COVID-19 Compliance Policy & Risk Assessment



1st July, 2020

Risk Assessment Overview

Introduction

The Coronavirus (Covid-19) pandemic has caused a global lockdown resulting in restrictions in movement from our homes, temporary distance measures that has prevented large gatherings and how we interact with each other.

As we navigate the reopening of transporting people it is clear that for now, we cannot go back to how it was and must follow government guidelines at all times.

In this document we are specifically addressing the risk associated with the spread of Coronavirus (COVID-19) within social groups and into the public domain.

COVID-19 is spread in minute water droplets that are expelled from the body through sneezing, coughing, talking and breathing. The virus can also be transferred to the hands and from there, to other surfaces, where it can survive for a period after transfer. The virus can be spread from person to person.

The symptoms and diagnosis of Coronavirus (COVID-19) have been well publicised over the recent months, so everyone should have clear understanding of the main symptoms i.e. a new continuous cough and high temperature. Although numerous other symptoms have been identified that potentially could be experienced.

Coronavirus (COVID-19) can be asymptomatic (no symptoms), mild or severe/critical, and whilst many people survive the infection, some may die from the virus, so this is a significant hazard that we have to protect against.

Who is at risk?

- Our members staff and their families
- General Public

Those at specific risk

Clinically extremely vulnerable groups (who have received a letter from the Chief Medical Officer) are deemed to be at high risk.

This may include:

- Solid organ transplant recipients.
- People with specific cancers:
- People with cancer who are undergoing active chemotherapy
- People with lung cancer who are undergoing radical radiotherapy
- People with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment.
- People having immunotherapy or other continuing antibody treatments for cancer

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- People having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors.

- People who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs.
- People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary disease (COPD).
- People with rare diseases that significantly increase the risk of infections (such as severe combined immunodeficiency (SCID), homozygous sickle cell).
- People on immunosuppression therapies sufficient to significantly increase risk of infection.
- Women who are pregnant with significant heart disease, congenital or acquired.
- Other people have also been classed as clinically extremely vulnerable, based on clinical judgement and an assessment of their needs. GPs and hospital clinicians have been provided with guidance to support these decisions.

We would therefore recommend any of the above people continue to shield for as long as they are advised by the government and do not attend our social events to maintain protection for themselves.

How we can prevent/reduce the spread of COVID-19?

We must consider what needs to be done to prevent or generally help reduce the spread of COVID-19. Eliminating the hazard in totality is the best way to prevent the spreading of COVID-19, but this is may not be possible until, for example, a suitable vaccine is developed on a global scale, so that we all are immune to it. Therefore, it is imperative that we consider other approaches and controls to help reduce the risk of spreading COVID-19.

Covid-19 Pandemic Policy

In order to protect the health of all within our organization, our members and the public domain the information below provides guidance and direct instruction during the Coronavirus outbreak. This policy must be read and adhered to. If you have any concerns regarding the information within this document or issues if attending a meet, please contact the office manager on 01559362403

General guidelines

- In the first instance always following the rules and guidelines of the government, local authorities, or their representatives in the area you wish to travel to or facilities you may want to use.
- Always maintain and respect the advised social distance measures.
- If you are approached by a person from the public that are ignoring any government advise on social distance measures and believe they may be placing yourself at risk politely advise them to step back to an appropriate safe distance.
- Avoid contact with anyone who is displaying symptoms of Coronavirus. The main symptoms include a high temperature or a new and continuous cough.
- If you are displaying any symptoms of Covid-19, in line with latest NHS Guidance, you should stay at home. Do not travel.

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- Wash your hands during the day on a regular basis – with soap and water for at least 20 seconds or use a hand sanitiser
- Avoid touching your face with unwashed hands.
- If you need to cough or sneeze, your mouth and nose should be covered with a tissue. The tissue must be disposed of within an enclosed waste bin and your hands must be thoroughly washed immediately afterwards.

Using the vehicle

- Prevent unnecessary handling of the locks, handles, pens, books and arm bands you will no longer be required to sign the logbook. However, you must ensure you complete your online daily vehicle check list via the provided android device and app.

Use of vehicles for Club Organised / Camping Events

- An attendance record will be kept of all attendees
- If you start displaying any symptoms of Covid-19, in line with latest NHS Guidance, during the camping event you must immediately leave for home and seek a test. Whilst you are not obliged to inform anyone, we would request that you inform a member of the committee who is displaying the symptoms. This could help other individuals to take appropriate action if they need to stop the spread.
- If you are contacted by the “NHS Track & Trace” service and requested to self isolate for 14 days due to a previous contact again you must immediately leave for home even if you do not show any symptoms.
- If using the transport to travel to a venue, shops or health service ensure you following their Covid-19 guidelines and instructions.
- To prevent the handling of cash we ask that all fees are paid to club via bank transfer to the NatWest account number xxxxx sort code xxxxxx

This policy and risk assessment is not exhaustive and as such we ask you all take a common sense approach and protect yourself and others. Please confirm you have read and understood the contents by completing the online form. We will inform all our members as and when this policy changes.

Please stay safe and see you soon Kind regards
LPY

Signed:

Position:

Date:

Review Date: